



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Chicken with a side of BBQ sauce	Beef burger in a soft bun	Chicken curry	Roast chicken and stuffing	Fish fingers
VEGETARIAN MAIN DISH	Margherita pizza	Vegetarian sausages	Macaroni cheese	Quorn fillet and stuffing	Quorn nuggets
ACCOMPANIMENTS 	Potato cubes Garden peas Sweetcorn Salad bar	Jacket wedges Baked beans Carrot batons Salad bar	Fluffy rice Bread wedge Broccoli Sweetcorn Salad bar	Mashed potatoes Green cabbage Sliced carrots Salad bar	French fries Baked beans Garden peas Salad bar
DESSERTS	Fruit and arctic roll	Chocolate crunch	Muffins	Shortbread	Fresh fruit and ice cream
FRESH FRUIT & YOGHURT 	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATOES & SANDWICHES	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings	Jacket potato and sandwiches with various fillings



MENU



Variety is the key to a healthy diet. try something new today!



- MEAT FREE MONDAY



- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE