



# Outwoods Primary School

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## Policy for Sun Protection

**Sunsmart** is the national skin cancer prevention campaign run by Cancer Research UK.

The **Sunsmart** schools initiative encourages schools to develop and adopt sun protection policies.

They are part of a broader campaign communicating effective skin cancer prevention messages to the general public.

The five key **Sunsmart** skin cancer prevention messages are:

1. **Stay in the shade 11-3**
2. **Make sure you never burn**
3. **Always cover up - wear a t-shirt, hat and wraparound sunglasses**
4. **Remember children burn more easily**
5. **Then use factor 15+ sunscreen**

As a school staff we will:

- Minimise the risks by limiting the amount of time that pupils are required to spend exposed to the sun.
- Consider the timing of events; the sun's harmful rays are most intense between midday and early afternoon
- When it is hot, keep children out of the sun altogether
- Encourage children to make use of all available shade provided by buildings, trees etc
- Encourage parents to send their children to school with a suitable broad brimmed hat which provides head, face and neck protection from the sun
- Allow pupils to wear sunglasses, bearing in mind, that for safety reasons, eyewear might be inappropriate for certain activities, particularly physical education
- Encourage pupils to wear loose fitting clothing whenever they are not participating in physical activities
- Encourage parents to provide appropriate sunscreen protection for their child.
- Encourage children to drink plenty of water to prevent dehydration